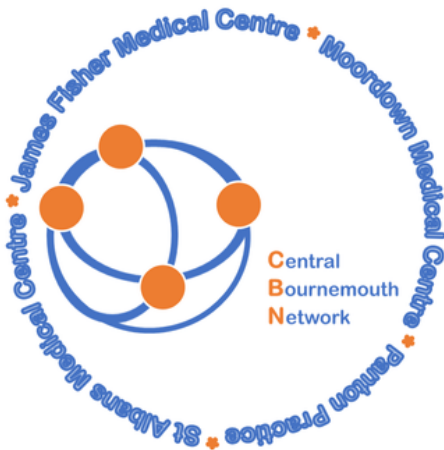


CENTRAL BOURNEMOUTH PCN NEWSLETTER

Panton - St Albans - Moordown - James Fisher | Autumn 2024

WHAT'S NEW?

Welcome to the Central Bournemouth Primary Care Network Autumn 2024 newsletter! This time we'll be taking a look at a couple of ways in which we're taking novel approaches to help patients with some of their most basic needs, as well as providing our usual statistics, stories, and upcoming healthcare initiatives.



Telephone
Appointments

38,196

Telephone appointments are offered based on your needs, to save you having to visit the surgery and helping limit the spread of infectious diseases. Since 1st April 2024, 28% of our appointments were conducted via telephone.



STAFF SPOTLIGHT



Tia is the lead for our network frailty team, who oversee care for some of our most vulnerable patients. As an Advanced Nurse Practitioner, she leads the team in visiting housebound patients and care home residents, ensuring they are able to receive a high standard of care even when they can't visit their surgery.

With 40 years' experience in nursing, Tia is able to comfortably work with GPs, pharmacists, community nurses and condition specialists to ensure each patient in the team's caseload receives a unique package of care that meets all their healthcare needs.

BACK TO VAX!

It's once again time for our autumn vaccination offerings, and this time we'll be delivering the new RSV vaccine. Respiratory Syncytial Virus (RSV) is an infectious disease of the airways and lungs, with thousands of older people requiring hospital care for it each year. The vaccination will be offered to everyone turning 75 on or after 1st September 2024, as well as those currently aged 75-79. Pregnant women will also be offered the vaccine to give their babies protection in the early stages of their life. Meanwhile, our COVID vaccination clinics will be taking place on October 12th, 19th and 26th, and you can get your flu jab from your surgery as usual.

Find us on Facebook!
Search "Central
Bournemouth Primary
Care Network"



Face-to-face
Appointments

95,386

The majority of the appointments we offer are face-to-face. Since 1st April 2023, over 95,000 face-to-face appointments have been conducted across our four surgeries, including 37,662 in-person GP appointments.



PRIMARY CARE APPOINTMENTS

A recent release from NHS England has revealed that GP teams across the country delivered 28.7 million appointments in June 2024 - one fifth more than in June 2019, when 22.8 million appointments took place. This indicates a tremendous post-pandemic recovery for GP surgeries. Thanks to increases in staff numbers, we're providing more appointments than ever too - in June 2024 we provided 22,529 appointments, an increase of 8% over June 2023 when we delivered 20,887.

Want to get this newsletter right to your email inbox? Send a request to cbpcn@dorsetgp.nhs.uk to receive the newsletter every quarter!

NEW FOUND FRIENDS!

If you're on the fence about coming along to one of our peer groups, let Joan and Joanne's story convince you! They both started working with our social prescribers as they were each feeling isolated. The pair first met at our Book & Biscuit club, before getting the chance to chat more at our coffee mornings.

It wasn't long before they were bonding over mutual interests, going shopping and attending Parks in Mind's Qigong sessions together. In fact, they've just come back from a holiday to Northumbria!

Keen to help others find friendship as they have, Joan and Joanne have begun attending a local film club with other members of our groups.



Did Not Attend

4,232

Patients not turning up for appointments are a massive drain on resources across the NHS. While sometimes there are valid reasons why you may be unable to make your appointment, please call and let us know if you can.

HOW CAN WE CONTACT YOU?

Your surgery may use a variety of ways to get in contact with you, including texts, emails, and sending you letters. Because of this, it's important to let your surgery know if you change your address, email, or phone number. We use these methods to let you know about relevant peer groups we run, as well as inviting you for check-ups you're eligible for. We also want to know how you'd prefer to be contacted, such as explicitly dissenting from receiving text messages from us. To update your details, give your surgery a call or pop in and speak to a receptionist, who will be happy to help you.



The figures presented in this newsletter are taken between 1st April and 29th September 2024, and are gathered from the NHS Digital GP Appointments Dashboard.

NATIONAL DEVICE BANK

Central Bournemouth PCN has made a successful application to the National Device Bank, a service that provides organisations with mobile phones, laptops and tablets that can be provided to those who are struggling or unable to access the internet due to low or no income.

We have been awarded 10 smartphones to provide to our patients in need. Our social prescribers will be handing these over in the coming months, enabling these patients easier access to healthcare, employment, and more. Additionally, thanks to the similarly provided National Data Bank, we are able to provide these patients with SIM cards that provide unlimited calls and texts, plus up to 40GBs of data usage for 6-12 months, giving patients in need a real boost to get back on their feet.



Have your say about your surgery - sign up for our bi-monthly Patient Participation Group (PPG) on your Practice's website to provide constructive feedback on how we're doing. The group usually meets on the first Tuesday of every other month from 6pm at East Way Clinic. The next meeting is 12th November.

TACKLING PERIOD POVERTY!

We are proud to announce that we've joined the Period Poverty Project! What does this mean? It means we're taking action to help tackle period poverty in our community by setting up stations in our practices to provide essential support. These stations will hold various sanitary products, free of charge for anyone in need.

This project is dependant on donations to provide the products to the community. We will be accepting donations of sanitary products at our surgeries, as well as holding fundraising events throughout the year. This month, our Walking Group completed a sponsored walk from Bournemouth pier, to Boscombe pier

and back. This raised a total of £200! Thank you to all who got involved, and those who sponsored. Reach out to us to learn more about how you can join the movement and make a positive impact in our community. Together, we can ensure that everyone has access to the menstrual products they need.

Contact : elle.gray@dorsetgp.nhs.uk

Look out for the Winter edition of our newsletter in December 2024!

